



Transition Information

Your little Infants are about to be Big Ones! The time has come for your student to transition into the next classroom. Chanen Preschool and your child's teachers want to make this transition as smooth and easy as possible!

FEEDING

- Bottles are not allowed in the ones program. Please send a sippy cup filled with water and labeled with first and last name each day. If you would like to send milk, it needs to be in a sippy cup and will be offered with meals.
- You can send a lunch or order a hot lunch through Chanen. Please send lunches in a Bento box daily. Label your child's lunch with their first and last name- please do not send small, individual containers.
- Please send your child's food cut into bite-size pieces, ready to eat within their Bento box. Food cannot be heated at the Preschool.
- Your child will now be sitting at a small table and in a small chair during snack and lunch. They will be eating independently. They will also be learning how to use utensils. We encourage you to continue these independent skills at home.

SNACKING

- We will provide 2-3 snacks daily. School snacks are organic, when possible, low on the glycemic index and pair healthy options with fruits and vegetables. Two food groups will be offered at each snack.

NAPPING

- Students will take one nap each day from 1:00-3:00 PM. They start to go down around 12:30/12:45 depending on class. They will also be napping on mats.
- Please send a blanket for your student each Monday. You may also send a lovey or small comfort item for nap that will be stored in the cubby throughout the week. All blankets will be sent home each Friday to be washed.
- Chanen staff are well accustomed to helping students through this transition from the crib to the cot. Your child's teachers will sit by them, rub their backs, and soothe them to sleep at naptime.

PARENT COMMUNICATION

- Students in the Ones will not receive a written Daily Report. Teachers track all daily activities on the Procure Engagement app.

SUMMER CAMP

- The Ones will enjoy the water play during summer. On water play days, please send your child dressed in water play clothes including a bathing suit and water shoes.
- Your child will need water diapers and a towel each water day.
- Send a full change of clothes including shirt, shorts, socks and dry shoes each water day. Please label everything with first and last name including your towel.
- Please apply sunscreen in the morning to your child before they arrive.